

Roll No.

Total No. of Pages : 02

Total No. of Questions : 09

B.Sc. (Nutrition and Dietetics) (Sem.-8)

CONVENIENCE AND HEALTH FOODS

Subject Code : BSND-426A-18

M.Code : 92635

Date of Examination : 18-05-23

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.
2. SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.
3. SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.

SECTION-A

1. Write briefly :

- a. Health
- b. Replacement for glass jars
- c. Difference between ready to cook and ready to eat foods
- d. Extruded products
- e. Processed foods
- f. Nutritional importance of pulses
- g. Health benefits of milk
- h. Types of cereals
- i. Any two problems in marketing self heating system
- j. Any two uses of convenience food.



SECTION-B

2. What do you understand by convenience foods? Why are they important in today's date?
3. Throw light on types of healthy foods.
4. Write a note on the traditional cereals being used as convenience foods?
5. Write notes on :
 - a. Health benefits of millets
 - b. Dehydrated products.
6. Give a note on the ready to use products using pulses.

SECTION-C

7. Convenience foods have been revolutionary. Discuss the need, usefulness and limitations of convenience foods.
8. Discuss the special needs and problems being faced with ready to eat foods.
9. Write note on any ONE :
 - a. Milk based convenience foods
 - b. Millets based convenience foods.

NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student